

WANTED



Maintenance Man
- For Christ -
A 30 Day Challenge

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Are you ready to become a MAINTENANCE MAN for Christ?

Most men understand the concept of maintenance, but maybe not in the way that relates to Christ or the Christian walk. When your car gets over 3,000 miles, you know it's time to change the oil. When your wife or roommate calls and says there is water leaking from the sink, you know you have to work on the plumbing again. And when your boss at work gets on you about paperwork, you know you're going to be spending some more time at the office. You get the idea - everything requires maintenance.

The next 30 days is some of the rough terrain that I had to travel to become a true Maintenance Man for Christ.

Read through these next 30 days one day at a time and challenge yourself in whatever way God directs. Through this challenge, it is my desire to witness behaviors changed and hearts convicted. Read one challenge a day and take some serious time to reflect on how it applies to your life. Don't wait any longer to start your walk with Christ; start it today and become forever a Maintenance Man for Christ.

Take it from here gentlemen,

Bryan
Manturity.com

THE TYPE OF MAN

Everything needs maintenance, especially our hearts.

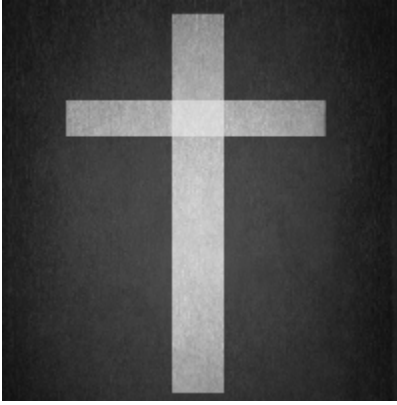
“I can do all things through Him who strengthens me!”
-Philippians 4:13

Day 1) Accept The Challenge

It's time to stop listening to what everyone else has to say about being a man of God and start listening to the Spirit of God. Decide today to allow God to work on you in a new way for the next 30 days. Make the choice to honestly meditate in the spirit of humility on the challenge given for that day. It's time to be more than an average man for Christ and start making a difference in your life!

Throw away the bad habits of your past. Toss out all the bad stuff you grew up hearing and learning about Christ. Take the time to challenge yourself as a man now, and see if you have what it takes to a Maintenance Man for Christ!

- PRAYER: Lord, thank You for showing me this challenge and please supply me with your loving support over the next 30 days. Help me to be challenged daily and become a Maintenance Man for YOU! Amen.



you must
be willing

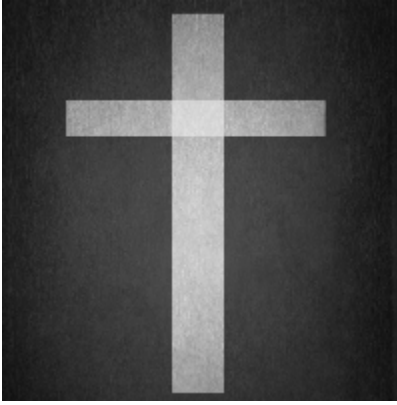
Day 2) A Man Must Be Willing

Most men are selfish. Whether by ego or worldly bravado, selfishness is like a black hole. It must be dealt with and it must be handled now!

Giving my life over to Christ was not easy by any means, but it was the most freeing act I have ever encountered in my life. I was able to open my eyes for the first time and see the selfishness that was tearing down my life. I became a man that was willing to allow God to mold my character.

Make the choice today to be WILLING and to give our Father the chance to mold you into the image of Christ. Acknowledge your selfish ways and become a man that's willing to take on the next challenge.

- **PRAYER:** Lord, thank You for making me aware of my selfishness and please help me to see past my selfish ways and become a man that is willing to be molded by You. Amen.



you must
be open

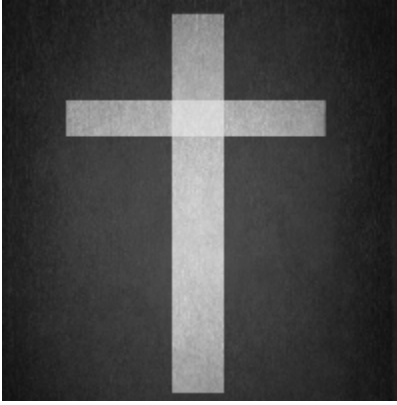
Day 3) A Man Has To Be Open

Now that you're willing, be prepared for a few new things that will begin to happen in your life. Your old college buddies at the gym or meeting your work friends at the bar every week just won't cut it anymore. You must start to align yourself with men seeking God and His righteousness.

Be open to hearing new ideas, meeting new people and starting new habits. Turn off the television and get into a great book. Ask a buddy from Church some hard questions about God instead of just shaking hands and moving on. Attend a focused class at your Church.

Make the choice today to be open to what our Father has in store for your life. Believe that big things are coming to you!

- **PRAYER:** Lord, thank You for breaking open my hard heart and revealing my unrighteousness to me. Please show me how to be more open to Your love and Your ways. Amen.



you
must learn
dependency

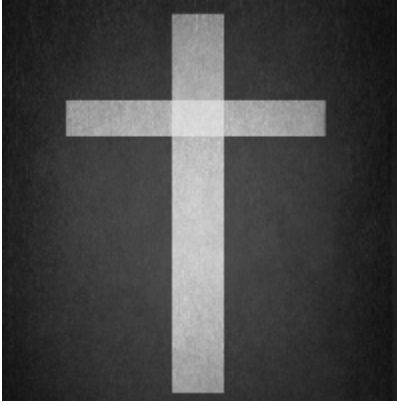
Day 4) A Man Must Learn Dependency

Being willing has broken your selfishness, being open has freed you to follow the spirit, but a man must learn that giving his life to Christ means a new dependency.

There is no shame or weakness in being dependent on Christ. It is the strongest move I ever made in my life! He will provide you with ways out of temptation; He will protect you and keep you on the straight path!

Make a firm choice today to put your faith in Christ. Let Him know that you depend on Him and not the things of this world. This is a brave step!

- **PRAYER:** Lord, I put my faith and hope in You. Please show me how to be a man that depends on You for all of my needs. Amen.



you must
be consistent

Day 5) A Man Must Be Consistent

Without consistency, all of this work will be for nothing. If a maintenance man didn't do his duties daily, he would not be very good at his job. Maintenance requires consistency!

Your job, your house, your marriage and your friendships require consistency and so should your walk with Christ! Seek Him in the good times and even more in the bad. Among everything that I pray for, I always remember to pray daily for consistency in Christ.

Make the choice today to be a man that is consistent. A man that is consistent in his work, consistent in his friendships, consistent in his marriage or relationships and most of all consistent in Christ.

- **PRAYER:** Lord, thank You for showing me the need to be consistent. Please teach me ways to maintain my consistency with You and supply me with the strength to seek You out daily! Amen.

Day 6) 5 DAY FOLLOW UP

- Go back to each day, recite the prayers again and contemplate what the spirit has revealed to you. Take things a step further and write them down or put them on your calendar for quick reminders. Pull them up at least every other day and pray them. Become the type of man that is a maintenance man!

Use this area to take some notes or write down some thoughts of your first week! _____

THE DEAL

So you're willing, open and ready? Good! Now that you know you're the right type of man, let's take a look at some of the upcoming changes in your life.

"I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh."
-Ezekiel 36:26

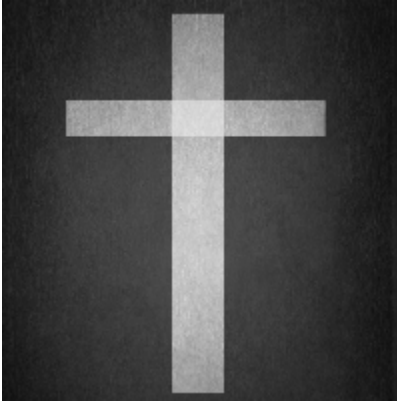
Day 7) Change Your Habits

Every man has his habits, including you. From the way you like to sleep to the way you look at women when they pass you. A man of God must assess each habit of his and honestly evaluate if it is pleasing God or pleasing himself.

I went to battle with many of my habits when I first met Jesus. I changed the music I listened to; I changed how I looked at other women and I turned off the distractions and spent quality time with God and my wife. What habits should you change now?

Make the strong choice today to change your habits that are blocking your spiritual growth. Yes this challenge will be difficult but it will be worth it. Set up reminders, set up boundaries and show God that you are ready for Him!

- **PRAYER** Lord, thank You for making me aware of my habits. Please show me what my bad habits are and what habits need to change in my life. Help me to see and hear Your direction clearly as situations come up. Thank you. Amen.



face your past

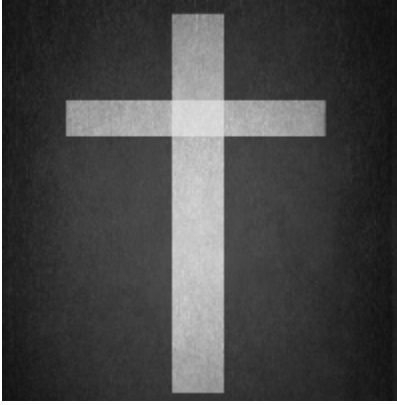
Day 8) Face Your Past

Wherever you are in your life, you have a history. Your path has shaped you into who you are today and what you believe in. If you're anything like me, mistakes have been made, feelings have been hurt and time has been wasted. Forget about all of that and, starting today, give it all to God.

Facing your past can be a difficult step for some men, but you must be strong and choose to overcome. Allow God to make you into a new man. Hand over any shame, any guilt and any pain. Allow God to bring healing into your life!

Make the bold choice today to face your past and give it to God. Don't allow those things to negatively affect your bright and awesome future with God!

- Lord, thank You for your forgiveness and strength. I give You my past and all the mistakes that have come along with it. I believe that You are bigger than any of those issues. Thank you. Amen.



find real desire

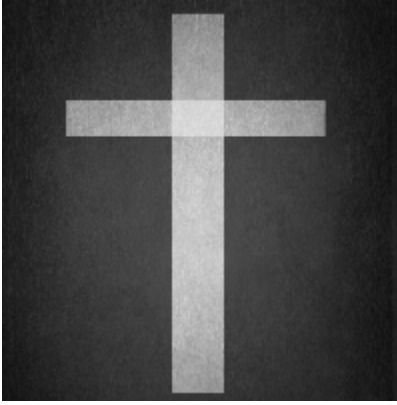
Day 9) Find Real Desire

Let's face it: a good maintenance man may not always love what he does but he must continually dig deep to find the desire to get the job done. Desire can be confusing to many men thanks to culture and the main stream media. Desire means to long for to crave. Do we crave Christ or images moving on a screen in front of us?

Defeating the battle of false desire is necessary if you plan to walk with Jesus. No longer can you willingly lust after women or desire worldly pleasures; instead your desire should be and must be for Jesus! Psalm 37:4 makes it very clear, "Delight yourself in the Lord and HE will give you the desires of your heart."

Give up the act, turn off the technology and remove your temptations. Practice bouncing your eyes off of women that will make you lust and start putting together a monthly battle plan to help keep you consistent in these new habits. Make a stand today to not give worldly desires and seek out Jesus NOW because He is your desire!

- Lord, I pray that from this point forward I will make You my desire. Protect my eyes from temptation, guard my heart for lust and show me ways I can love You more! Thank you. Amen.



adjust your influence

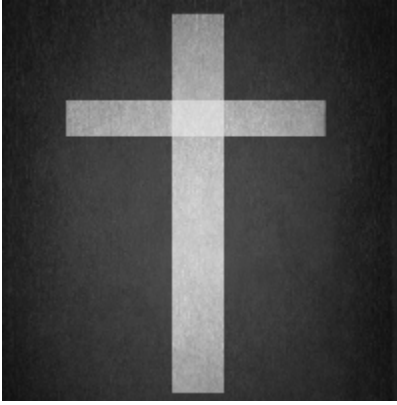
Day 10) Adjust Your Influence

Jesus hand picked the men in His inner circle and it's your turn to use wisdom in who associate with and what influences you allow. Do your influences honor Christ and respect God? If not, it's time to remove them from your life. Start by asking God what he thinks would be right instead of asking yourself.

When I gave my life to Christ, I made huge changes in my music and removed the influence of all words. This has allowed me to keep my mind open for clear discussion and prayer with others and Christ. I made changes to the way I look at women. If they are a temptation, I challenge myself to not look back at them. What should you change? Find those things that negatively affect you and change them starting today!

Be careful, influences eventually mold your inner desire. We must be careful what we allow into our minds and into our hearts. Boldly accept this challenge and test all things before Christ from now on.

- Lord, thank You for making me aware of my influences. Please show me where things are negatively affecting me in my life. Open my eyes and make me more aware so that I might protect my heart and the hearts of my family. Lord, I want You to be my influence. Thank you. Amen.



accept Christ

Day 11) Accept Christ

So are you ready to follow the better way of manhood found only in Jesus? You're ready to change your daily habits, face and forgive your past, find real desire and adjust your influence? Good. If you haven't already, the next step you must take before moving forward is truly accepting Christ as your personal Savior. Or it's time to rededicate your life to Him. Either way, take care of your business with Jesus!

When I truly gave over my heart to Christ and accepted Him, I was sitting in the front seat of my car with my coat over my head and in complete submission to God. I feared my future, but I could no longer carry the heavy loads of my past. I turned over my heart to Him that night and decided from that day forward that my life was now in His hands. Take heart, He is safe, willing and graceful.

This is where you put your man signature down on that dotted line; this is where life begins. It won't always be easy, but everyday with Christ will be worth it. Don't wait any longer! Accept Christ now and today!

- Lord, thank You for making me aware of what I need to do to follow and accept you. I know that I have made many mistakes in the past and I pray now that You would forgive me of those things and accept me into your love. Thank You for dying on the cross for my sins and showing me that I might sacrifice the temporary things of this world to live a life that serves You. Lead the way God and show me how to become a Maintenance Man for YOU! Thank you. Amen!

Day 12) 5 DAY FOLLOW UP

- Do not leave this section without a full understanding of what it will take to move forward. Go back to each point, recite the prayers again and contemplate what the spirit has revealed to you. Take things a step further and write them down or put them on your calendar for quick reminders. Refer to them at least every other day and pray through them. Become the type of man that is a Maintenance Man for Christ!
- You're doing very well and you are ready to start the real work. Don't stop yet!

Use this area to take some notes or write down some thoughts of your second week!

THE TOOLS

The best maintenance men not only have the right tools, but also know how to use and maintain them.

“Therefore, my dear brothers and sisters, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain.”
-1 Corinthians 15:58

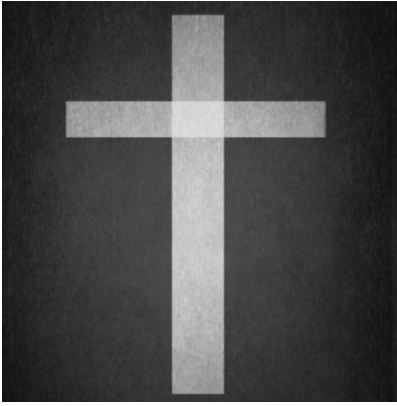
Day 13) The Bible

I know it sounds easy, but the Bible is a great tool to start out with in your quest to become a Maintenance Man for Christ. Think of the Bible as your baseline for proper maintenance. If you don't have one, you can purchase one from the store, download one on your phone or keep a pocket size Bible with you.

I personally purchased a devotional Bible when I began reading it. Among the great scriptures there are occasional devotionals that helped bring the Bible into reality. There were also very useful tools in the back to read the Bible in a year, read it chronologically or just read the specific stories.

Make the choice today to faithfully read your Bible and incorporate the principles into your daily life. There is no excuse with all the resources and technology out there!

- **PRAYER:** Lord, thank You for your living Word and show me how to read it. Please teach me how to make it a part of my life. Help me to listen to the words carefully. Thank you. Amen.



pray
everyday

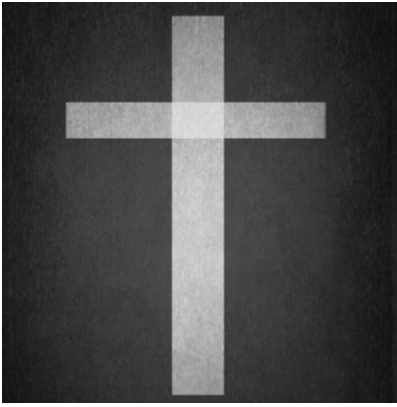
Day 14) Prayer

Take a moment and contemplate your current relationships. Would they consider you a blessing in your life? How much time do you spend interacting with those people? In general, the people you talk to the most are the people you get along with the best. Interaction means both actively speaking and actively listening. Now apply this same idea to your walk with Christ.

Walking with Christ means you are in a relationship with Him and speaking to Him daily in prayer. Prayer doesn't have to be anything fancy or formal. It can be while you're driving or while you're at work, or it can be somewhere more secluded. The key is to communicate and strengthen your relationship with Christ!

Make the choice today to maintain a consistent and honest prayer life every day. Communicate with Christ about your life and watch Him go to work in it!

- PRAYER: Lord, thank You for being available for my needs. Help me to be consistent in my daily communication with You! Thank you. Amen.



build relationships

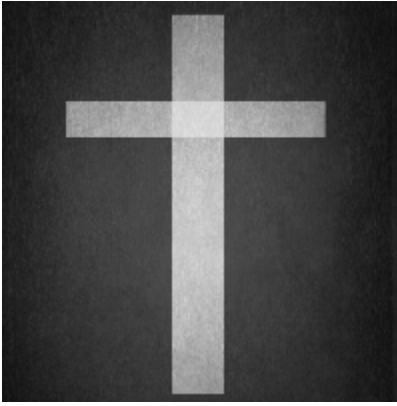
Day 15) Friends

You can't learn to believe God puts friends in your life for specific reasons; stay faithful to Jesus and you'll discover it for yourself. I'm not talking about your old college or bar buddy either. Learn to be open to making and keeping solid friends that are also in Christ.

If it weren't for the friends God placed in my life, I probably wouldn't be married today or be a man of God. True friends desire to see you blessed and will use their gifts to help bear your burdens. Make efforts to get engaged with a group of men at Church; join some men around the fire pit once and awhile and discuss the great and hard things about living the life of a Maintenance Man for Christ.

Make the choice today to maintain your friends in Christ. Find a group of men that seek his presence in a sincere way. Let them help and guide you through this walk. Someday you will be called to do the same thing for another man in need.

- PRAYER: Lord, I ask that You show me the friends that You would have in my life. Help me to be open to ways and people I may not be familiar or comfortable with. Thank you. Amen.



get
established

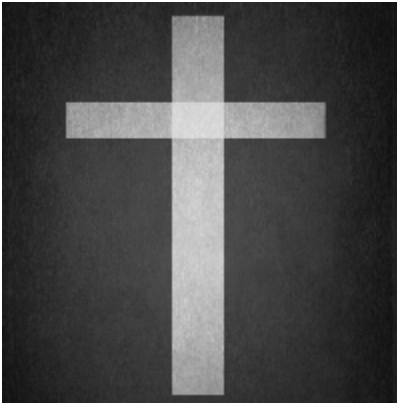
Day 16) The Church

Find a Church and get involved! Finding the right Church is a very natural process and is actually really easy. Maybe you know some people who attend a certain Church or maybe you overhear some people talking about a great Church. There might be a great Church you pass by everyday on your way to work or you can check you online. Make an effort to find one and give it a chance. You will have found the right Church when you feel the peace of God saying that you are home.

My Church has become a second home to my family and I. There are a lot of great and knowledgeable people that can encourage you along in your Christian walk. Strive to be a man that shows love to everyone and boldly introduce yourself and your family if the opportunity comes up. Listen closely to what is preached and ask questions if needed. Step it up even more and take some notes on what your learned or liked!

Make the choice to find a home Church. Attend the weekly sermon and get involved in other ways. Learn to become a man that uses your gifts to work together with the other members to honor and magnify Jesus.

- PRAYER: Lord, please show me where to find a great Church. Lead me to Your people and help me advance in my learning of You and Your ways! Thank you. Amen.



get
involved

Day 17) Small Groups

Small groups are one of the key tools of the Church. Once you have found the right Church, it's time to find a small group to join. Talk to the pastor and ask for advice, talk to some other men your run into in the Church or check out the weekly handout for the list of classes the church offers.

There is at least one class for the men each week at our Church and also a group that meets once a month at a brother in Christ's house who is willing to get the campfire going and get into manly topics. Either way, make an effort to explore the topic that is being discussed or dig deep into random topics with your brothers in Christ. You'll learn from these groups that you are not alone in your questions or struggles and that they can offer some great advice!

Make the choice today to find out what small groups are going on in your Church. Once found, join one of them and get involved. Take your learning to the next level!

- PRAYER: Lord, please help me be open to getting comfortable in a small group of people. Help me to actively seek out a class and attend it consistently. Thank you. Amen.

Day 18) 5 DAY FOLLOW UP

- Time for some regular maintenance. Go back to the last five points, recite the prayers again and contemplate what the spirit has revealed to you. Take it a step further and write them down or put them on your calendar for easy reminders. Pull them up at least every other day and pray them over the next week. Become the type of man that is a Maintenance Man for Christ!
- Take your maintenance schedule to another level and go back to day 12. Review the five points and prayers for the previous days!

Use this area to take some notes or write down some thoughts about your third week of training to become a Maintenance Man for Christ.

THE JOB

Given the tools, every good maintenance man must know the duties of his job. These duties will require more work, more reading and a desire to think on a deeper level.

*Jesus said "Do not work for food that spoils, but for food that endures to eternal life, which the Son of Man will give you."
-John 6:27*

Day 19) Setting The Example

Being a Maintenance Man for Christ will require you to become a man that sets an example to every other man around you. Whether it's at Church, at work or around your kids; you are a Man of God and you now represent Christ. Don't take this job lightly and always stand up for what is right.

I used to watch other men during Sunday Service and act like them. If they didn't sing, I didn't sing. If they didn't take notes during service, I didn't take notes. I soon came to question that if I look to others for influence, who is looking at me for influence? This outlook changed my entire perspective on how and why I must set the standard by my example.

Our free will allows the opportunity to make choices. Today you can make the choice to be a man that represents Christ in your desires and in your actions. Your Christ-like actions will convict the hearts of the men around you and cause them to re-evaluate their own actions and choices.

- PRAYER: Lord, thank You for making me a man aware of Your word and truth. Please help and show me how to represent You in all that I do, everyday. Thank you.
Amen.

Day 20) Support Your Church

Only 4 days ago we discussed Church as a must have tool in your belt. But Church is not just somewhere to go, Church is meant to be a family and families help each other out. A good Maintenance Man for Christ will seek ways to support his Church. Supporting can be by means of financial donations, donations of your time or work and many other ways.

My wife and I wanted to take our marriage to the next level and one of the ways we did this was by teaching a class together at Church. For two semesters we led other young couples through videos and issues challenges to help strengthen their marriages. It was a great way to support our Church and it made our marriage stronger. Find ways to tithe, find ways to dig deep into the family of God and you'll reap the benefits and blessings.

What choice will you make today about your Church involvement? Decide to not sit back and watch any longer, rather jump on chances to serve God and bless people in ways that He would lead you!

- PRAYER: Lord, I thank You for Your Church and the wonderful opportunities it provides for so many. Please direct and show me how You want me to get involved and support Your Church. Thank you. Amen.

Day 21) Fighting For Hearts

Depending on your level of spiritual maturity, you are either the new guy going through this for the first time or you are the one doing the training. Each role is very important and necessary for the other. Remember Day 9?

Day 9 was all about finding our real desire. Desire plays a major role in how you train the new guy this is applying for a new Maintenance Man for Christ position. You want this new guy to see Christ and he can do this by watching the way you walk and by the way you talk. Therefore, always be ready for what or who Christ might put at your feet or on your heart.

When this new guy or maybe even a married couple comes to you, are you ready to fight for them? Are you ready to learn about their story and love them according to the Word of God? Building up people is all part of the job and should be something you look forward to. Be ready for the challenges but also the blessings that are coming into your life.

Straighten up and resolve today to fight for the hearts of the lost. Many will come and struggles will be had but God will be there with you every step of the way.

- PRAYER: Lord, I pray that You give me the desire to fight for the hearts of others. Make me a strong vessel for You and direct my paths. I pray You keep me brave and give me Your confidence. Thank you. Amen.

Day 22) Accountability Partner

Do not fool yourself into thinking you're alone in this world of false desires and daily struggles. Now that you have a Church and are getting involved, introduce yourself to some of the men at the Church. It doesn't matter what age group they are in; the point is to establish yourself among the men of the Church. Be respectful, be a good listener and represent Christ in your attitude.

Remember when we talked about small groups? These groups are the perfect setting to engage in conversation with other men. From this group of men or a recommendation from your Pastor, ask a man or two if they would like to be accountability partners. Accountability means someone you can trust and someone you can turn to when you are struggling with a particular aspect of your faith or desires. Accountability is also a great way to beat temptation, learn more about walking with Christ and have someone who is committed to praying for you.

There is no question that this challenge will take work and will probably force you out of your comfort zone. When you are a little out of your zone just ask Christ into the situation and He will give you the confidence you need.

Stand up and make a bold move today or this week to speak to a few men whom you may or may not know in order to find ways to be accountability partners together. Do not sit back on this one gentleman, do it!

- PRAYER: Lord, thank You for the understanding that other men are going through similar issues in this world. I pray that You give me the confidence and strength to find another man willing to work with me on this walk with You. Thank you. Amen

Day 23) Being A Disciple

So yesterday you took the challenge to find an accountability partner, right? What if he asks you a question or needs help in return? This is where being a disciple comes into play in your Christian walk. Now that you know what the tools are and the responsibilities that come along with them; you must boldly accept them and continue to build in your knowledge of Christ.

This is a challenge to turn off the television and any other distractions and dig deep into God's Word. Instead of listening to the popular music station choose to turn it off and pray. Being a disciple is about learning what God requires of you. Walking the path that you talk about are mandatory requirements if you desire the ability to help your brothers in need.

Being a disciple means not giving up when the times get tough or when the pressure gets goes up. For more examples we need only to look at the original disciples of Christ. Throughout many adventures the disciples continued to doubt and question Christ, but in the end they persevered and learned to trust in His gospel. Step up your personal reading and learn more about theses adventures in the first four books of the New Testament over the next couple weeks! Get reading!

Make the bold choice to become, and maintain yourself, as a disciple of Jesus Christ. Choose to fight for Christ everyday.

- **PRAYER:** Lord, I thank You for Your example and the examples of Your disciples. I pray that I can be one of Your disciples from now on and learn how to maintain my walk with You. Thank you. Amen

Day 24) 5 DAY FOLLOW UP

- It is time for some serious maintenance. As you approach the last five days of the challenge, go back to the previous five points, recite the prayers again and contemplate what the spirit has revealed to you. Take it a step further and write them down or put them on your calendar for easy reminders. Share a line, a thought or a verse on your social media today or let someone know what you're working on. Pull them up at least every other day and pray them. Become the type of man that is a Maintenance Man for Christ!
- Take your maintenance schedule to another level and go back to day 18. Review the previous five days and prayers for that section!

Use this area to take some notes or write down some thoughts about your fourth week of training to become a Maintenance Man for Christ.

THE TEST

So you think you're a Maintenance Man for Christ? I have learned that the more you do something, the better you should get at it. This is the last section and the test to see if you're ready to move onto bigger things with Christ and be officially a Maintenance Man for Christ. Grab a pen as you will need to write down your thoughts, experiences and prayers at the end of each day. Or record your thoughts and answers in a separate journal.

Day 25) The Type Of Man Review

Accept the Challenge
A Man Must Be Willing
A Man Must Be Open
A Man Must Learn Dependency
A Man Must Be Consistent

These were the first five days of the Maintenance Man for Christ 30 day challenge. In the space given below, write down your thoughts about one of the days, all of the days or the day that impacted you the most. Take 10 minutes after you finish writing and pray that God would instill these points into your heart and help you stay consistent in your walk with him!

10 MINUTES OF PRAYER! GO!

Day 26) The Deal Review

Change Your Habits
Forget Your Past
Find Real Desire
Adjust Your Influence
Accept Christ

These were the second set of five days in the Maintenance Man for Christ 30 day challenge. In the space given below, write down your thoughts about one of the days, all of the days or the day that impacted you the most. Take 10 minutes after you finish writing and pray that God would give you strength to win the battle over each of these points.

10 MINUTES OF PRAYER! GO!

Day 27) The Tools Review

The Bible
Prayer
Friends
The Church
Small Groups

These were the third set of five days in the Maintenance Man for Christ 30 day challenge. In the space given below, write down your thoughts about one of the days, all of the days or the day that impacted you the most. Take 10 minutes after you finish writing and pray that God would help you keep these tools loaded in your tool belt. Remember: if you don't use them you lose the knowledge of how to use them. Stay consistent and use your tools!

10 MINUTES OF PRAYER! GO!

Day 28) The Job Review

Setting the Example
Support the Church
Fighting for Hearts
Accountability Partner
Being a Disciple

These were the fourth set of five days in the Maintenance Man for Christ 30 day challenge. In the space given below, write down your thoughts about one of the days, all of the days or the day that impacted you the most. Take 10 minutes after you finish writing and pray that God would give you the initiative and confidence to seek out each point.

10 MINUTES OF PRAYER! GO!

Day 29) The Test Review

How did you handle the test review and recap of the first few weeks? In my personal walk with Christ, I have learned how essential it is to be consistent in my walk with Christ, but to also have a very good understanding of my faith. This is why there must be a test.

Coming up on day 30, I am going to challenge you to make and write up a monthly Battle Plan. But before we get there, I would challenge you to write down a prayer. This prayer challenge should be something that gives glory to Christ and also something that hits the key areas where you want to grow in Him. This is your own personal prayer of growth and it is something that should be prayed from this day forward.

Read Day 5 if you need a reminder and get writing.

[illegible]

Day 30) Congratulations!

Congratulations on finishing the Maintenance Man for Christ 30 day challenge. I pray that you were strengthened, encouraged and challenged in your walk with Christ. Whether you just met Jesus through this process or renewed your walk with Him, keep this challenge within arms reach in case you find yourself falling.

Before putting this challenge back on the shelf, take things up another notch and agree with Christ today that you will live everyday for Him and aim to serve Him and not this world. Challenge yourself to live for Christ for another 30 days, and another and another. The more you practice these points and read your Bible, the stronger Maintenance Man for Christ you will become.

Take the next few lines and write down your Battle Plan. What is your plan moving forward? How will you strive to be consistent everyday? When will you pray? How will you lead better and serve diligently? Take the main points from your Battle Plan ideas below and put them on a calendar so that you will be reminded of your monthly maintenance schedule. Get to work!

Signature: _____

Date: _____

Lord, thank You for providing me with Your strength over the last 30 days and 30 challenges. Help me to stay a Maintenance Man for Christ for you through any trials, any challenges and over a long period of time. Continue to teach me how to love, how to serve and how to become a solid Man of God for You. Thank You. Amen.

STAY INVOLVED

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- 3) **MONTHLY**: Feel free to [email me](#) to ask any questions, need assistance in your walk with Christ or would like to discuss the progress of your 30 Maintenance Man for Christ 30 Day Challenge.
- 4) **Refer or Email** this Challenge to a friend.



About The Author

<http://www.manturity.com/about/>

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